



The Action Zone & The Express Zone

Building self-esteem by helping kids reach their “action potential.”

Sargent Rehabilitation Center continues offering group services in occupational therapy, speech/language and peer interactions!

Sargent’s ‘Zones’ gets kids moving in the right direction!

THE ACTION ZONE (OT or PT groups)

Focuses on:

- Learning new motor skills and developing motor planning and problem solving strategies
- Greeting and talking to friends
- Compromising and working together
- Perspective taking
- Reading body language, facial expressions and tone of voice
- Accepting motor-social challenges

Who: Children ages 3-12 who would benefit from experiences which will improve their sensory motor and social skill development

THE EXPRESS ZONE (language groups)

Focuses on:

- Developing receptive and expressive language skills through play experiences
- Turn taking and sharing
- Initiating and maintaining conversations with peers
- Recalling and retelling events
- Requesting from peers
- Developing appropriate syntax and semantic skills through role play and modeling

Who: Children ages 3-12 who would benefit from experiences which improve their communication and language skills and basic social skills

PLAYFUL PARTNERS

This group is run by an occupational therapist and is designed to inform, mentor, and coach adults (ie. parents, PASS workers, etc.) toward being the best play partner for a child with developmental delays. Playful Partners blends the evidence-based practice of Floortime, Sensory Integration and TEACCH and is geared to children 18 months to 4 years.

For more information on these groups, or to be placed on a mailing list for future program offerings of Action Zone, please contact Sargent Center at 401-886-6600.